

# Sausage Cheese Squares

Source: Glenda Recker

<b>Ingredients</b>	<b>12 svq (9" x 13" pan)</b>
Jimmy Dean Hot Breakfast Sausage	1 lb
Pepper bell, green	1 med
Onion	1 small
Cottage Cheese, small curd	16 oz (2 c)
Cheese, cheddar, shredded	8 oz (2 c)
Egg Substitute	1.5 c (6 lrg)
Milk, skim	1 c
Bisquick	1 c
Chilies, chopped green	4 oz



## Directions

- Cook sausage, green pepper and onion until meat is no longer pink; drain.
- Combine remaining ingredients in separate bowl and then add the sausage, green pepper and onion.
- Pour into appropriate baking dish coated with nonstick spray.
- For 9- by 13-inch baking dish, bake at 350°F for 35-40 minutes or until knife inserted near the center comes out clean.
- Let stand for 10 minutes before cutting.

## Notes:

- I use real eggs rather than substitute.
- I prefer Jimmy Dean's spicy sausage. The seasoning of off-brand sausage just doesn't work.
- This can be made ahead and warmed up in the microwave or oven.