

Tarragon Chicken Salad

Source: Emeril Legasse

Ingredients	6 svg (3 c)	12 svg
Poached chicken, diced	2 c	4 c
Apple, tart	1.5 c (0.5 lb)	3 c
Celery, diced	1/3 c	2/3 c
Onion, red, diced	1 small (1/4 c)	0.5 c
Mayonnaise	0.75 c	1.5 c
Lemon juice, fresh	1 T	2 T
Tarragon, fresh	2 T	4 T
Parsley, fresh	1 T	2 T
Chives, fresh	1 T	2 T
Salt, kosher	0.25 tsp	0.5 tsp
Black pepper	0.25 tsp	0.5 tsp

Directions

- Combine the chicken, apple, celery, and onions in a medium bowl.
- In a separate bowl, combine the mayonnaise, lemon juice, tarragon, parsley, chives, salt and pepper.
- Pour dressing over the chicken mixture and stir to combine.
- Refrigerate for at least 1 hour.